

WELCOME!

We are excited that you are interested in being a Leader In Training. The LIT program gives teens the opportunity to be a good role model for children, practice job skills and develop a strong work ethic – all while having a great time! LITs get opportunities to plan and lead activities with the help of experienced members of the YMCA staff. By working with adults and taking care of kids, LITs learn leadership skills and promote the YMCA's core values of Caring, Honesty, Responsibility, and Respect.

Program Philosophy and Goals

School age children need a safe, challenging environment during the summer where they can develop in a positive manner. Staff nurtures that growth by providing appropriate activities that encourage social, physical, creative and emotional development in children. LITs are an important part of the team that provides this care for children at the YMCA.

LIT Application Process

Any 13-15-year old can apply to be a LIT. We have a rolling registration process, but we recommend that you sign up to be a LIT before May 1st to ensure that the sessions and location you prefer are still available. These are the steps to follow:

- 1. Complete the paperwork with your parents.** There is a Registration Form, a Medical Form and a Personal Interests Form. You should fill out these papers and return them to Evan LeCompte at the YMCA, 266 College Street, Burlington, VT 05401.
- 2. Request Recommendations.** To be a LIT, you need to have letters of recommendation from three adults. They can be from family friends, neighbors, teachers, coaches – anyone who knows you well enough to describe your good qualities. The recommendations cannot come from family members. When you ask someone to write a recommendation for you, you can have him or her write a letter or use the recommendation forms in this packet. That person should send the recommendation directly to Evan LeCompte at the YMCA.

3. Orientation. Close to the end of the school year, we'll gather all of the new LITs together to get ready for the summer! You'll get to meet teens like you who will be part of the YMCA summer programs, we'll give you your LIT t-shirts, learn more about the role you will play during your summer service program, and have some fun!

LIT Program Fees

The fee for the L.I.T. Program is \$85 per week. **All L.I.T. fees are due to the YMCA by June 18th.** If you are unable to meet this requirement please contact Evan LeCompte at 862-8993 ext 200.

When the cost of our services prevents an individual or family from participating, the YMCA will offer financial assistance as funds are available to those who are eligible. For information on financial assistance please contact the YMCA Business Office at 862-9622.

Summer Program Sites and Dates

This summer, the Greater Burlington YMCA needs LITs at all of our camp and childcare sites in Vermont. LITs can sign up for up to eight sessions at any of the summer program sites. Each session is one week long:

- ★ Session I – Jun 28–July 2
- ★ Session II – July 5 - 9
- ★ Session III – July 12 - 16
- ★ Session IV – July 19 - 23
- ★ Session V – July 26-July 30
- ★ Session VI – August 2 - 6
- ★ Session VII – August 9 – 13
- ★ Session VIII – August 16 – 20

Eight program sites are offered during summer 2009:

- ☀ Camp Greylock at Kingsland Bay
- ☀ Burlington
- ☀ Essex (7 weeks)
- ☀ Waterbury
- ☀ Richmond (6 weeks)
- ☀ Shelburne
- ☀ St Albans Town School

Logistics

CAMP GREYLOCK

Camp runs Monday-Friday from 9 a.m. to at 4 p.m. (not including travel time to and from camp). The YMCA provides transportation by bus from the following communities: Burlington, Colchester, Milton and Williston, South Burlington, Essex, Shelburne, Charlotte, and Ferrisburgh. The bus schedule is available on our web site, www.gbymca.org.

pick up / drop off

WEEKS 1 & 2:

- A. Milton Park & Ride 7:10 a.m. / 5:50 p.m.
- B. Mallet's Bay School 7:25 a.m. / 5:35 p.m.
- C. Essex Holy Family Church 7:40 a.m. / 5:20 p.m.
- D. Tafts Corner 7:55 a.m. / 5:05 p.m.
- E. Cairn's Arena* 8:05 a.m. / 4:55 p.m.
- F. Edmunds* 8:15 a.m. / 4:45 p.m.
- G. Shelburne Elementary 8:25 a.m. / 4:35 p.m.
- H. Shaw's Plaza Vergennes 8:40 a.m. / 4:20 p.m.

WEEKS 3-8:

Red Bus:

- I. Milton Park & Ride 7:35 a.m. / 5:35 p.m.
- J. Mallet's Bay School 7:50 a.m. / 5:20 p.m.
- K. Edmunds* 8:05 a.m. / 4:55 p.m.
- L. Champlain School 8:15 a.m. / 4:45 p.m.
- M. Shaw's Plaza Vergennes 8:40 a.m. / 4:20 p.m.

Blue Bus:

- N. Essex Holy Family Church 7:55 a.m. / 5:40 p.m.
- O. Taft's Corner 8:10 a.m. / 5:20 p.m.
- P. Cairne's Arena* 8:20 a.m. / 5:10 p.m.
- Q. Shelburne Elementary 8:35 a.m. / 4:55 p.m.
- R. Charlotte Creamy Stand 8:35 a.m. / 4:45 p.m.

** Staff supervised sites*

*All other stops are
unsupervised.*

Y Summer Camp

Program sites open at 7:30 a.m. and close at 6 p.m., Monday through Friday.
No transportation is provided by the YMCA.

Expectations

What does the YMCA expect of LITs?

- ★ Follow to program rules
- ★ Treat all children with respect
- ★ Participate in activities
- ★ Help with activity planning
- ★ Keep your personal appearance neat and cleanliness
- ★ Be a good role model
- ★ Encourage children in problem solving
- ★ Talk to staff directly if you have concerns
- ★ Follow through on projects and tasks that staff assign to you
- ★ Be helpful and friendly
- ★ Be responsible for your actions and your belongings
- ★ Use appropriate language

What can LITs expect of the YMCA?

- ★ Encouragement in activity planning
- ★ Motivating activities
- ★ Clear and polite directions
- ★ Regular progress reports
- ★ Cooperative and inclusive work environment
- ★ Communication with parents
- ★ Opportunities to practice leadership skills
- ★ Successful learning environment
- ★ Nurturing and supportive staff
- ★ Challenging activities
- ★ Recreational environment
- ★ Experience for future roles in YMCA programs

Whether you are a LIT, a staff member or child at camp, it's good to let the YMCA's character qualities guide your actions:

★ **RESPECT** ★

★ **CARING** ★

★ **HONESTY** ★

★ **RESPONSIBILITY** ★

Last Comments

YMCA summer camp and summer programs create great memories and experiences for kids. For many teens, being a LIT is the perfect way to keep on enjoying these summer programs, while building real work experience and leadership skills. This summer, the LIT program will be more fun than usual, with opportunities for LITs to have special events and programs that show appreciation for the service they are providing to YMCA kids. I can't wait to get to know all of you and share a fantastic summer together!

As you fill out these forms and think about what you hope to get out of your summer, please do not hesitate to call me with any questions, ideas or concerns. In the meantime, have a great rest of the school year and be well!

Sincerely,

Evan LeCompte, LIT Director
Greater Burlington YMCA
elecompte@gbymca.org

